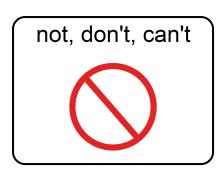
Healthy Cooking and Eating

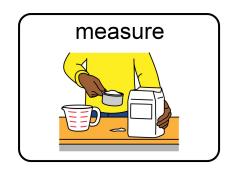


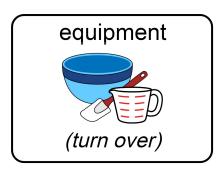
How to use this board:

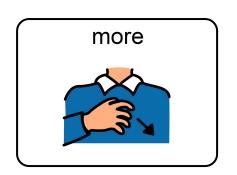
- Point to the symbols to share a message with someone
- You can talk while you point at the symbols
- If someone cannot point, you can read out the words as you point and they can say yes or no

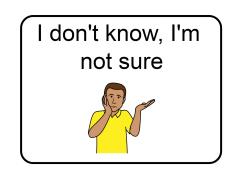


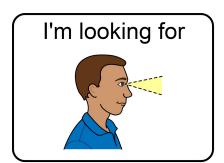




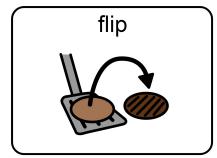


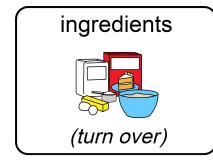


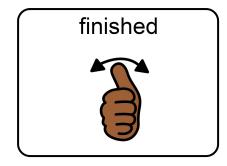






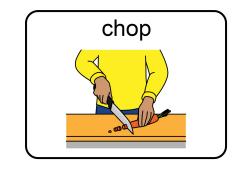


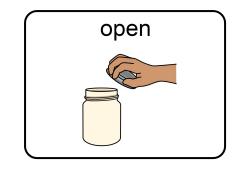


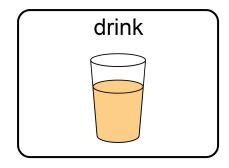


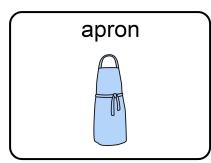




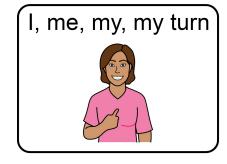


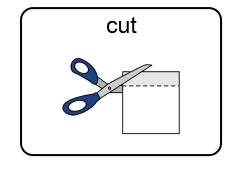




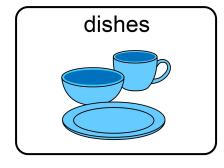


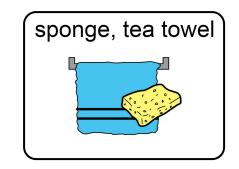


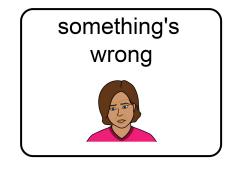


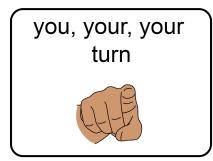


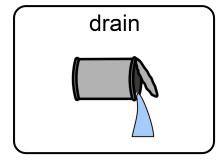




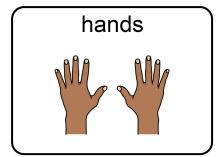


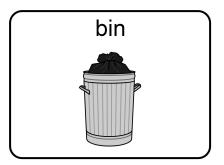


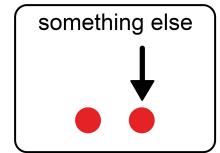
















Equipment

Ingredients

